

> ORAL MEDICATION

Oral Medication



Preparing for the procedure

- a. Perform hand hygiene.
- b. Introduce self to patient and obtain verbal consent.
- **c.** Check medication order is valid (patient's full name, time, date, drug name, dose strength, route of administration, frequency and prescriber's signature).
- d. Check correct medication, strength and expiry date.
- **e.** Place medication into medicine cup using non-touch technique.



2 Performing the procedure

- a. Check allergies.
- **b.** Confirm patient identity by asking they state 3 identifiers and ensure this correlates with medication chart.
- c. Give medication and water to patient.
- d. Ensure patient has taken medication.



Ocumentation

a. Document time, date, route of administration and clinician signature.



4 Additional information

- **a.** Calculate dose and check mathematical calculation with another clinician prior to administration.
- **b.** Evaluate effect of medication and assess for adverse reaction at appropriate interval after administration.
- **c.** Some medications are required to be administered by two approved clinicians.
- d. Check facility policy.

Background

The preparation and administration of oral medications is a skill that requires great care from the relevant health professional. Checking that the medication order is current and legal and that the five rights are adhered to prior to administration is essential to ensure patient is kept safe.

Equipment required

- Hand sanitiser
- Medication
- Medication cup

References

Smith S, Duell D, Martin B. Clinical Nursing Skills: Basic to Advanced Skills. 8th ed. New Jersey: Pearson Education 2012.

Tollefson J. Clinical Psychomotor Skills: Assessment Tools for Nursing Students. 5th ed. Melbourne: Cengage Learning Australia; 2012.

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