Wound care using Aseptic Non Touch Technique

1. Preparing for the procedure
   a. Ensure protection from body fluid exposure by wearing non-sterile gloves as required.
   b. Introduce self to patient and obtain verbal consent.
   c. Provide privacy and position patient and trolley for easy access to wound.
   d. Wipe down dressing trolley with alcohol based cleaner and allow trolley to dry.
   e. Remove outer packaging from dressing pack and drop onto trolley.
   f. Touching only the corners of packaging, open dressing pack to establish aseptic field.
   g. Use dedicated set of forceps to arrange materials.
   h. Tear open saline sachet and pour onto tray.
   i. Using non-touch technique add additional equipment as required (e.g. additional dressings, suture cutter) onto sterile field.
   j. Perform hand hygiene.
   k. Pick up forceps in each hand and soak gauze in saline solution. Using forceps wring out excess solution from gauze.

2. Performing the procedure
   a. Begin at cleanest area of wound, use one continuous stroke to clean area.
   b. Use as many gauze swabs as required to adequately clean wound.
   c. Discard used gauze into appropriate receptacle.
   d. Cover wound as required.

3. Documentation
   a. Document all relevant information on wound care chart.
   b. Report signs of infection or delay in healing.

References
Gillespie, BM & Fenwick, C. Comparison of the two leading approaches to attending wound care dressings. Wound Practice and Research 17 (2) 2009, pp. 84-89.

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